



FOR VETERANS & FIRST RESPONDERS WITH TBI / PTSD

**Two clinical modalities.**  
**One six-month recovery program.**

Hyperbaric oxygen therapy at MDH paired with full-spectrum functional medical care from ALLO — built for the people standard care can't serve.

**60**

HBOT SESSIONS

**6**

MONTHS OF CARE

**7+**

CLINICAL VISITS

**24**

COACHING SESSIONS



**MD Hyperbaric**  
NEUROLOGICAL RECOVERY

- › 60 hyperbaric oxygen therapy sessions
- › Protocol designed for TBI & PTSD
- › Credentialed clinical facility
- › Treatment supervision & monitoring



**ALLO Performance Medicine**  
SYSTEMS-BASED CARE

- › Full-systems labs & comprehensive intake
- › 3–4 medical + 2–3 dietitian visits
- › Personalized Performance Care Plan
- › Weekly health coaching + direct access



→ **One coordinated program.** HBOT addresses the neurological injury directly. ALLO addresses the systemic dysregulation around it — sleep, hormones, gut, inflammation — that drives ongoing symptoms.

WHY IT WORKS FOR THIS POPULATION



**Built for operators**

Clinicians who've served Special Operations Forces, first responders, and tactical athletes.



**Measurable, not guesswork**

Biomarker-driven from baseline to reassessment. Repeatable systems checks track progress.



**Root cause, not symptoms**

Accounts for deployments, toxin loads, sustained stress, and hormonal disruption.

CLINICAL TEAM

**Bryan Stepanenko**

MD · MPH · FAAFP

Board-certified Family Physician. Former Army physician & firefighter/paramedic.

**Cory Briggs**

PA-C

13+ years supporting elite Special Operations Forces and high-demand civilian roles.

**Diana Harbourt**

MS · RD · LD · CSSD · CSCS

Performance Dietitian — 18 years across collegiate, pro sports, and SOF nutrition.

PARTNER WITH US

**Bring this program to the people you support.**

We work directly with non-profits funding veterans and first responders with TBI and PTSD. Let's discuss cohort enrollment, sponsorship, and how this program plugs into the work your organization is already doing.

**Dave Globig**  
CHIEF STRATEGY OFFICER · MDH

[Dave@MDHyperbaric.com](mailto:Dave@MDHyperbaric.com)